



# November edition of the Polk Trails Newsletter



**Trail workdays are back  
at the Recreation  
Complex.**



# Next workday will be November 16th 9am-12pm.

Bring some water and snacks. Appropriate clothes  
for trail work: long pants and closed-toe shoes.

Gloves and equipment will be provided but  
volunteers are encouraged to bring their own.

**The trail is located in between the middle school and  
baseball fields and will be a looped multi-use trail.**

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## The Nature Navigators are in the middle of their fall season hikes!



So far the Nature Navigators  
have been to the Tom Raymond/ICC trails and FENCE to hike  
and learn about environmental services.

Our next outing is November 16th at Saluda Nature Park followed  
by a trip to the Walnut Creek Preserve on December 14th.

Find out more about the Nature Navigators [\*here\*](#).

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**Pick up your copy of the...**

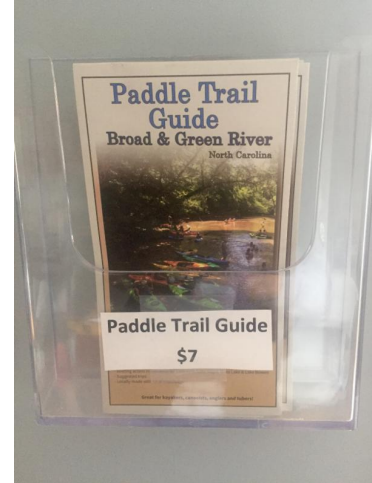
## Paddle Trail



# Guide for the Broad & Green River

## Featuring:

- Access point and river information for the 1st, 2nd, and Main Broad & Green River
- Boating access information for Lake Lure, Lake Adger, Moss Lake & Lake Bowen
- Suggested trips
- Locally made with local knowledge



**From the Polk County Parks & Recreation office!  
(105 N. Peak St., Columbus, NC 28722)**

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Eli Smith, Polk County Trails Coordinator recently completed the 25 hour Duke Energy TRAILS training session for **Sustainable Trail Design and Layout, Construction, and Maintenance** at Rockingham Community College.

The session covered design, construction, and maintenance techniques that minimize the volume and velocity of water on the trail tread. Participants were guided from desktop trail planning to design and layout, corridor flagging, and pin flagging of a trail alignment in the field. Field experience was gained in constructing new trail reroutes and maintaining existing trails on the Rockingham Community College campus.

Here is the web page link for this unique college program:  
<http://www.rockinghamcc.edu/publications/trails>

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## Spring of 2018

- We are looking to begin our River Stewards program for the Green River!



- There are roughly 24 miles of the Green River from Lake Adger to its confluence with the Broad River that we are wanting to provide stewardship for.
- We will be looking for stewards to adopt a section of the river.
- Polk Trails will be hosting scouting trips in early 2018 to document characteristics for sections of the river so keep an eye out for more information.



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### **Trails Committee Meeting is scheduled for November 27th.**

Join Polk County Parks & Recreation to discuss current and future trails projects. Our next meeting will be held on Monday, November 27th at 6 PM. The meeting will take place in the Emergency Services Conference Room of the Womack Building, 40 Courthouse Street, Columbus, NC.

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Polk Trails regularly updates a calendar of outdoor events in the area.

- Wednesday, November 15th- Presentation on the importance of greenways.
- Friday, November 17th- Guided hike to Pinnacle Mountain.
- Sunday, November 26th- Exclusive hike of the Blue Rock Trail (Chimney Rock State Park).

Access can be found on our website or ***here***.

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The AmeriCorps Trails Coordinator works for Polk County Parks & Recreation through a grant from the Polk County Community Foundation. The Trails Coordinator manages trail work days, various partnerships and other trail related initiatives in the county.



# POLK COUNTY COMMUNITY FOUNDATION

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E-Mail contact information for Eli: [trails@polknc.org](mailto:trails@polknc.org)  
Visit the Polk Trails website and Facebook page below.

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[Polk Trails website](#)



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### The Polk Trails website offers

- Description, images, parking, and some maps for trail systems.
  - Events calendar.
  - Information on how to adopt- a- trail.
  - A Nature Navigators page (Polk County Middle School hiking club).
  - Links to maps and other resources.
  - Other general information.
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[Visit our website](#)